



Parents' / Guardians' Letter re "Stay Safe" Programme

23rd March 2021

Dear Parents/Guardians,

Our class teachers will be teaching the personal safety education programme called "**Stay Safe**" after the Easter Break. It is part of the **Social, Personal and Health Education (SPHE) curriculum** which all primary schools are **required** to implement.

The aim of the "Stay Safe" programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with more common situations which many children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the personal safety skills necessary to protect themselves from different forms of abuse and it emphasises the importance of telling a trusted adult about any problems they have.

Co-operation between parents and teachers is essential to the success of this programme. It is important that parents/guardians are aware of the content of the "Stay Safe" lessons and are able to discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home. We would ask you to please sign these worksheets and return to school for our records. These lessons will usually take place on a Wednesday in school, commencing on 14th April.

You can familiarise yourself with the content of the "Stay Safe" lessons at www.staysafe.ie/teachers/resources.htm . You can always talk to your child's class teacher if you want to discuss the programme further or access the guide for parents at http://www.staysafe.ie/parent_guide.htm

Kind regards,

Lucy O Sullivan

(Principal)